

Trentino & Lake Garda

A cyclist's paradise for all

✓ The ideal tour for an introduction to the world of bike tours

✓ Daily tastings included

✓ A huge variety of landscapes within a few kilometres



1 Arrival

2 The River Sarca cycleway

Bike trip into the Sarca Valley passing by the picturesque town of Arco, heading north towards the lunar landscape of the "Marocche". Stop at a modern winery for a snack and a glass of wine. Return via Lake Cavedine, where the surrounding mountain peaks reflect on its clear waters.



- 1 x visit to a winery with snacks
- 1 x FD bike guide
- 1 x FD E-bike hire

3 Monte Baldo and Malcesine

Cycle excursion on the slopes of Monte Baldo and around Malcesine, taking in wonderful views of the lake. Lunch break with a delicious Italian pizza. Free time in Malcesine to explore the narrow alleyways of the old town. Return to Riva del Garda by ferry boat.



- 1 x pizza lunch in Malcesine
- 1 x boat trip from Malcesine to Torbole
- 1 x FD bike guide
- 1 x FD E-bike hire
- 1 x bike transportation service

4 Gentle vineyards and ancient castles

Bike tour into the northern hinterland of Lake Garda along the Isera Wine Route visiting the charming old town of Rovereto. Stop at a medieval castle for a guided visit and a wine tasting with regional snacks. Back to the hotel through the gentle vineyards of the Marzemino wine.



- 1 x visit to a medieval castle with wine tasting and snacks
- 1 x FD bike guide
- 1 x FD E-bike hire

Last cycle tour to the emerald green waters of Lake Tenno, 550 m above Lake Garda. Visit the small Medieval village of Canale, voted one of the 100 prettiest hamlets in Italy. Typical lunch at a small restaurant with a wonderful view of Lake Garda and the surrounding mountains. Return to Riva on panoramic trails among lush olive-groves and vineyards.

6 days from **€ 624.**-



- 1 x typical lunch at a farmhouse
- 1 x FD bike guide
- 1 x FD E-bike hire

6 Departure

Dates and prices 2025/2026

per person in € based on twin/double occupancy

incl. coach
€ 734,-

LOW €624,- €734,-SHOULDER €639,- €749,-HIGH €689,- €804,-TOP €739,- €849,-

LOW Season: 01 Mar - 01 Apr / 26 Oct - 15 Nov SHOULDER Season: 01 Apr - 21 Apr / 05 Oct - 25 Oct HIGH Season: 21 Apr - 09 Jun / 06 Sep - 05 Oct

TOP Season: 09 Jun - 06 Sep

Single room supplement €89,- pppn

Hotel arrangement

- 5 x nights accommodation with buffet breakfast
- 5 x 3-course dinners

Our partner hotel

3* Sun Lake Hotel | Riva del Garda

Northern Tuscany

The hills of Chianti and the Tuscan coast

6 days from **€ 634,-**



- ✓ Tasting of local Chianti wines
- ✓ Easy tour to the coast to relax at the seaside





Program and inclusions

1 Arrival

2 Pisa and the Tuscan coast

Start in Vicopisano, a village filled with medieval treasures such as 13 well preserved towers, ancient churches and palaces as well as a castle designed by the famous architect Brunelleschi. The tour continues along the Arno River towards Pisa and its iconic Leaning Tower. The day ends on the coast in Marina di Pisa to relax by the sea.





- 1 x FD bike quide
- 1 x FD E-bike hire
- 1 x bike transportation service

3 In and around Lucca

A relaxing cycling trip to Lucca amidst the green fringe of the gently rolling Tuscan hills. Take a walk on top of Lucca's mighty fortified walls which hug the city and offer amazing views of the characteristic terracotta rooftops. Urban tour of the birth town of composer Giacomo Puccini and time at leisure in the picturesque historical centre.



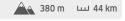


- 1 x FD bike guide
- 1 x FD E-bike hire
- 1 x bike transportation service

4 On the footsteps of Leonardo da Vinci

A wonderful cycling experience through the upper Chianti shire to the small town of Vinci. Stop at the birthplace of Leonardo and visit of the museum dedicated to the life and works of this genius. The day ends at a beautiful winery for a tasting of Chianti wine accompanied by local snacks.





- 1 x visit to the Leonardo Museum in Vinci
- 1 x wine tasting and snack at a winery
- 1 x FD bike guide
- 1 x FD E-bike hire
- 1 x bike transportation service

5 The Chianti vineyards of San Gimignano

A picture postcard cycling tour along cypress lined paths, vineyards, stone country houses, castles and medieval villages. First stop in Certaldo, a charming medieval hamlet known for the famous Italian writer Boccaccio. The trail goes on to San Gimignano, the town of the towers also called the "Manhattan of the Middle Ages". Refreshing break with homemade ice cream at the world-famous "Gelateria Dondoli".





- 1 x ice cream at the world-famous "Gelateria Dondoli"
- 1 x FD bike guide
- 1 x FD E-bike hire
- 1 x bike transportation service

6 Departure

Dates and prices 2025/2026

per person in € based on twin/double occupancy

+== incl. coach

€ 634,- € 864,-I OW SHOULDER € 684,- € 914,-HIGH € 709,- € 944,-€ 724.- € 959.-

LOW Season: 01 Mar - 01 Apr / 01 Nov - 30 Nov SHOULDER Season: 01 Apr - 21 Apr / 05 Oct - 01 Nov HIGH Season: 21 Apr - 31 May / 23 Jul - 01 Sep TOP Season: 31 May - 23 Jul / 01 Sep - 05 Oct Single room supplement € 114,- pppn

Hotel arrangement

- 5 x nights accommodation with buffet breakfast
- 3 x 3-course dinners

Our partner hotel

4* Hotel Villa delle Rose | Pescia



1 Arrival

2 Along the Emerald Coast

Soft hike on the most scenic beach trails of Sardinia. Walk from bay to bay, surrounded by Caribbean aquamarine sea until to the renowned resort of Porto Cervo. Tasting of some of the island's best wines accompanied by typical Sardinian snacks.



- 1 x wine tasting with snacks
- 1 x FD hiking tour guide

3 La Maddalena Archipelago - Hiking on Caprera

Boat round trip to the Island of Caprera in the Maddalena Archipelago. Hiking tour on narrow sandy paths leading to the gorgeous, remote Bay of Cala Napolitana. Free time to relax and enjoy the beautiful beach and crystal-clear waters. Time at leisure in the picturesque and bustling fishing village of La Maddalena.



- 1 x boat round trip to the island of Caprera in the La Maddalena Archipelago
- 1 x FD hiking tour guide

4 A break in Corsica

Ferry boat round trip from Santa Teresa di Gallura to Corsica across the Strait of Bonifacio. Stroll through the medieval upper part of the homonymous old town. Coastal walk along the white cliffs at the southern end of the island.



- 1 x Ferry boat round trip from Santa Teresa di Gallura to **Bonifacio**
- 1 x FD hiking tour guide

Hike from the Saracen's Tower in the small fishing village of Isola Rossa following stony tracks to Cape Li Canneddi. White waves, deep blue sea and bright red granite stones backdrop the trail along small bays and hidden beaches. Visit of Castelsardo and tasting of the Sardinian myrtle liqueur.



- 1 x myrtle liqueur tasting
- 1 x FD hiking tour guide

6 Capo Testa

Admire the impressive granite boulders strewn around to form a unique lunar-type landscape, a real highlight. Hike through the scenic Valle della Luna to the windswept lighthouse of Capo Testa; on a clear day it's possible to catch sight of Corsica across the impressive cliffs of the Strait of Bonifacio. Back to Santa Teresa di Gallura, with time at leisure for a stroll in the charming seaside resort.



• 1 x FD hiking tour guide

7 Departure

Dates and prices 2025/2026

per person in € based on twin/double occupancy

		incl. coach
LOW	€ 524,-	€ 724,-
SHOULDER	€ 589,-	€ 789,-
HIGH	€ 654,-	€ 854,-
TOP	on req.	on req.

LOW Season: 01 Apr - 25 Apr / 18 Oct - 01 Nov SHOULDER Season: 25 Apr - 02 Jun / 15 Sep - 05 Oct HIGH Season: 02 Jun - 21 Jun / 08 Sep - 15 Sep TOP Season: 21 Jun - 08 Sep

Single room supplement € 154,- pppn

Hotel arrangement

- 6 x nights accommodation with buffet breakfast
- 6 x buffet dinners
- 4* Hotel Palau | Palau



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2 Sestri Levante, Punta Manara and pesto-making cooking class

Circular hike from the beautiful village of Sestri Levante to Punta Manara, panoramic point with 360° views of the Gulf of Tigullio. Back in Sestri Levante for a pesto-making class at a typical local Osteria. Enjoy the results with a dish of pasta and a glass of wine.



- 1 x train round trip to Sestri Levante
- 1 x pesto-making class including a dish of pasta and a glass of wine
- 1 x FD hiking tour guide

3 San Fruttuoso Bay, Portofino Nature Park and Santa Margherita

Train ride to Camogli, a charming fishing village with characteristic alleys and colourful houses. Stop at a traditional bakery to collect a picnic box with typical "focaccia" bread. Boat trip to San Fruttuoso bay and its impressive Benedictine Monastery. Panoramic hike above the steep coastline to Portofino. Day's end with a boat trip to Santa Margherita for a stroll along the elegant promenade.



- 1 x train ride to Camogli
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 1 x picnic box with typical "focaccia"
- 1 x boat ride from Camogli to San Fruttuoso
- 1 x boat ride from Portofino to Santa Margherita
- 1 x train ride from Santa Margherita to the hotel location
- 1 x FD hiking tour guide

4 The Cinque Terre

Train round trip to Levanto and meeting with the hiking guide. Guided tour from Corniglia to Vernazza through vineyards and olive trees with amazing views of the coast. The hike ends in Monterosso, time to relax on the wide beach.



- 1 x train round trip to Levanto
- 1 x 5-Terre card (incl. access to the hiking paths and train rides)
- 1 x FD hiking tour guide

Train ride to Rapallo and walking tour through the picturesque old town with a stop at a local grocery to pick up a gourmet picnic box. Cable-car trip to the Pilgrimage Church of Montallegro. Hike with spectacular views over the Gulf and the coast to the charming town of Chiavari.



- 1 x train ride to Rapallo
- 1 x cable-car ride from Rapallo to the Sanctuary of Montallegro
- 1 x picnic box with gourmet sandwiches
- 1 x train ride from Chiavari to the hotel location
- 1 x FD hiking tour guide

6 Departure

Dates and prices 2025/2026

per person in € based on twin/double occupancy



LOW € 499,- € 574,- SHOULDER € 524,- € 599,- HIGH € 579,- ∮ 654,- TOP on req. on req.

LOW Season: 01 Mar - 01 Apr / 01 Nov - 30 Nov SHOULDER Season: 01 Apr - 21 Apr / 19 Oct - 01 Nov HIGH Season: 21 Apr - 09 Jun / 14 Sep - 19 Oct

TOP Season: 09 Jun - 14 Sep

Single room supplement € 134,- pppn

Hotel arrangement

- 5 x nights accommodation with buffet breakfast
- 5 x 3-course dinners

Our partner hotel

3* Hotel Bristol | Lavagna

Piedmont Wine trekking in the footsteps of Barolo

6 days from **€ 449.**-



✓ Truffle hunt experience

✓ Soft hikes between vinevards and must-see hamlets

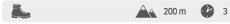


Program and inclusions

1 Arrival

2 Canelli, sparkling wine and Alba

First hiking tour through old castles and vineyards to the old town of Canelli. Stop at the birthplace of the first Asti sparkling wine, which has been produced here for over 150 years. Visit of a traditional winery with the characteristic "underground cathedrals" and wine tasting. In the afternoon visit of Alba, the city of the white truffle.



- 1 x visit to an "underground cathedral" and wine tasting
- 1 x FD hiking tour guide

3 The Langhe Shire and wine tasting

A must-do hike to the center of this famous wine region with its typical vineyards. The trail from Monforte to Barolo offers breath-taking views of the surrounding hills. Relaxing break in the picturesque old town and possibility to visit the scenografic WiMu (the wine museum). The day ends at a winery for a wine tasting.



- 1 x wine tasting with snacks
- 1 x FD hiking tour guide

4 Barbaresco, Neive and truffle hunt

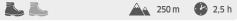
Start in Barbaresco, a charming town known for its fine wine. Walk through vineyards and cherry trees in a small valley. Scenic stop at a viewpoint with a half-barrel-shaped bench for landscape views. Continue past poplar and hazelnut woods and arrive in Neive to explore its winding streets around an ancient castle. Afternoon truffle hunt at a farmhouse, followed by tasting local products and regional wines.



- 1 x truffle hunt with tasting of regional products
- 1 x FD hiking tour guide

5 The trail of Vezzolano Abbey and cheese tasting

Beautiful excursion in the countryside to one of the most beautiful churches of Piedmont. Visit of the monastery church of Vezzolano from the XIII century, one of the most important Romanesque churches in the region. In the afternoon visit of a dairy for a tasting of the local cheese.



- 1 x cheese tasting
- 1 x FD hiking tour guide

6 Departure

Dates and prices 2025/2026

per person in € based on twin/double occupancy

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€ 449,- € 749,-SHOULDER € 484,- € 784,-€ 534,- € 834,-HIGH € 559,- € 864,-TOP

LOW Season: 01 Mar - 01 Apr / 02 Nov - 30 Nov SHOULDER Season: 01 Apr - 21 Apr / 22 Jun - 07 Sep

HIGH Season: 21 Apr - 22 Jun TOP Season: 07 Sep - 02 Nov

Single room supplement € 114,- pppn

Hotel arrangement

- 5 x nights accommodation with buffet breakfast
- 5 x 3-course dinners

Our partner hotel

4* Hotel Palio | Asti



38066 Riva del Garda (TN) Italy